



COLLEGE OF AGRICULTURAL, CONSUMER AND ENVIRONMENTAL SCIENCES

Department of Food Science & Human Nutrition
260 Bevier Hall, MC-182
905 S. Goodwin Ave.
Urbana, IL 61801

March 1, 2019

Dear Parents and Guardians,

We are excited to let you know that University of Illinois Department of Food Science and Human Nutrition will be collaborating with your child's summer camp to provide free, healthy lunches to all enrolled campers.

We are providing lunches as a part of a research study. **We hope that your child will participate in the study, but your child is welcome to a free lunch each day they are enrolled in the Youth Classics camp even if he/she does not take part in the study.**

The purpose of this study is to determine the impact of lunch period length on child dietary intake. We will randomly assigning each summer camp lunch period to be either 20 minutes or 30 minutes long. (Additional time for recess will be provided after the lunch period.) When the lunch period is over, we will measure the uneaten food on your child's plate to determine how much he or she ate.

In order for your child to participate, we need you to sign the enclosed Parental Consent Form. Your child will also have the opportunity to decide to participate in the study on the first day of summer camp.

Whether you decide to participate or not, it is important that you inform me or the summer camp staff of any food allergies or dietary restrictions that your child may have.

Please contact me at 217-300-7489 or mpp22@illinois.edu if you have any questions or concerns with this project.

Thank you,

A handwritten signature in black ink that reads 'Melissa Pflugh Prescott'.

Melissa Pflugh Prescott, PhD, RDN
Assistant Professor of School/Childhood Foods & Nutrition
Department of Food Science and Human Nutrition
University of Illinois